Hepatic toxicity of artemisinin in turkeys

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Background
Development of resistance to anticoccidial drugs, removal of licensed antihistomonial formulations and a shift towards organic production has put the focus on natural occurring compounds for controlling protozoa infections in poultry. Artemisinin originates from Artemisia annua and is widely used as an efficient antimalarial in humans. Inhibitory activity against coccidia of chickens has been reported previously; however, toxic side effects, i.e. degeneration of the brain, liver and kidney, also were induced. In a previous study investigating the effect of artemisinin against histomonosis in turkeys and chickens, artemisinin was administered in the feed to day-old turkeys (Thøfner et al. 2012). As a result, sudden deaths occurred on day 5 and 6 in the group receiving 2600 mg artemisinin per kg feed, and the remaining birds in the group were subsequently euthanized. Histology indicated bile duct proliferation of the treated turkeys.

Aim
The aim was to demonstrate the liver as the main target organ for acute toxicity of artemisinin both quantitatively and qualitatively in one-week old turkeys suspected of artemisinin intoxication by unbiased stereology.

Histological preparation
- Formalin-fixed liver samples from artemisinin-treated turkey poults (5-7 days old, n=15) and untreated and normal untreated age-matched birds (n=10) in 4 µm thick sections.
- Immune staining of cytokeratin in biliary epithelium (Cytokeratin clone AE1/AE3, DAKO) to distinguish the cholangiocytes from liver parenchyma, connective tissue and blood vessels.

Stereology of bile ducts

- Microscope with a motorized stage for accurate positioning at predefined steps of 400 µm (dx=dy).
- Random start
- ≥ 200 sampling areas

Volume fraction:
- Using point grid counting (black arrow)
- Cholangiocytes (red circles)/reference space (liver parenchyma including cholangiocytes)

Relative length density:
- Determination of bile duct with or without lumen per counting frame (blue arrows)
- Length density of lumen-less bile ducts/total length density of all bile ducts.

Conclusions
- The present findings suggest that artemisinin treatment modifies the post-natal development of the biliary duct system in turkeys.
- Artemisinin-treated birds displayed significantly higher relative length density of lumen-less bile ducts compared to control birds.
- Anisocytosis and anisokaryosis in artemisinin-treated birds.
- No differences in the volume fraction of cholangiocytes in relation to the volume of liver parenchyma between treatments.
- This is the first study that uses stereological microscopy for quantification of bile duct epithelium in turkey livers

Quantitative Results

<table>
<thead>
<tr>
<th></th>
<th>Control (n=10)</th>
<th>Artemisinin (n=15)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Volume fraction (%)</td>
<td>1.15 ± 0.08</td>
<td>1.07 ± 0.08</td>
<td>0.4945</td>
</tr>
<tr>
<td>Relative length density (%)</td>
<td>70.56 ± 2.02</td>
<td>78.99 ± 2.07*</td>
<td>0.0107</td>
</tr>
</tbody>
</table>

Qualitative Results

- Pleomorphic appearance of biliary epithelial cells in artemisinin-treated poults.
- Epithelial anisocytosis and anisokaryosis (white arrowheads).
- Intracellular vacuoles (black arrowhead)
- Irregular organization of cholangiocytes (B)

Discussion
- The higher relative length density of lumen-less bile ducts indicates a proliferative response of the epithelium.
- Artemisinin exposure or bile retention
- Bile retention in the mature bile ducts can explain the equal volume fractions.
- Epithelial pleomorphism suggests that high doses of artemisinin modifies the development and differentiation of the immature bile ducts in turkey poults.
- The present findings indicates that metabolism or excretion of artemisinin in birds may take place in the liver.

References
Thøfner et al., 2012. Antihistomonal effects of artemisinin and Artemisia annua extracts in vitro could not be confirmed by in vivo experiments in turkeys and chickens. Avian Pathology 41, 487-496.
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