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Comparative analyses of herbivory rates and leaf phenology in invasive and native shrubs in an east-central Indiana forest¹

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Abstract. Exotic species that become invasive can have a strong impact on the success of native species because of traits that enhance their competitive abilities. This study investigates three potential trait differences between common invasive and native shrubs that could enhance the competitive success of invasives: resistance to herbivory, length of autumn leaf retention, and timing of spring leaf emergence. We measured herbivory per plant by leaf-chewing insects, autumn leaf color change and retention, and spring leaf-out in five native and five invasive shrub species in Wildman Woods near Richmond, Indiana, during the fall of 2014 and the spring of 2015. Although we found variation among species, native plants as a group had significantly greater percent leaf herbivory per plant compared to invasive plants, while invasive plants kept chlorophyll significantly later in autumn and had longer leaf retention. Invasive plants also leaf out slightly earlier than native species. Our findings in 2014 were very similar to previous unpublished work in the same area on several of the same species in 2002, 2004, and 2007, suggesting that these patterns are consistent between years. Overall, we found evidence that lower herbivory rates, longer leaf retention in fall, and perhaps earlier leaf-out in spring could improve the competitive abilities of invasive shrub species through increased season-long photosynthesis.

Key words: enemy release, herbivory, invasive traits, leaf phenology, photosynthetic period

The majority of nonnative species introductions, both intentional and unintentional, occur due to human activities (Sakai *et al.* 2001). Many of these introduced exotic species do not survive or are unable to disperse in their new ecosystems. However, a small proportion of introduced species have traits that allow them to establish and spread throughout the introduced regions, and most of these species can cause both ecological and

economic damage (Sakai *et al.* 2001, Lockwood *et al.* 2013). These species are often able to outcompete and even extirpate native species, which is especially problematic for those that are threatened and endangered (Wilcove *et al.* 1998, Gurevitch and Padilla 2004, Pimentel *et al.* 2005, Lockwood *et al.* 2013). Invasive species are thus widely accepted as one of the leading causes of biodiversity loss (Lowe *et al.* 2000, Bax *et al.* 2003, Gurevitch and Padilla 2004, Didham *et al.* 2005, Clavero *et al.* 2009, McGeoch *et al.* 2010, Rogers *et al.* 2017).

Due to the potential impacts on ecosystems, investigating the traits that make an invasive species successful and able to outcompete native species is crucial to improve our understanding of the ecology of invasive species and developing strategies to manage them. There are several proposed hypotheses to explain how exotic species become invasive (Lockwood *et al.* 2013). Of these hypotheses, the enemy release hypothesis (Keane and Crawley 2002) has received most attention (Kleunen *et al.* 2010) and has provided the basic platform to other hypotheses, such as the evolution of increased competitive ability (Blossey and Nötzold 1995). The enemy release hypothesis suggests that invasive species escape from their natural enemies, such as parasites, predators, and herbivores, in the introduced area. Several studies found evidence for the enemy release hypothesis, showing that herbivory rates are lower in invasives

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in introduced areas compared to their native habitats (DeWalt *et al.* 2004, Cappuccino and Carpenter 2005, Vilà *et al.* 2005, Liu and Stiling 2006, Williams and Sahli 2016).

Another possible explanation for the success of these invasive species is that they are simply filling an available niche in the introduced habitat (Godoy *et al.* 2009, Penuelas *et al.* 2010, Lockwood *et al.* 2013). They might be equipped with multiple traits, such as early leaf-out (Polga *et al.* 2014), early leaf development (McEwan *et al.* 2009), longer leaf retention (Resasco *et al.* 2007, McEwan *et al.* 2009, Fridley 2012, Smith 2013), faster leaf economic returns (Penuelas *et al.* 2010), and/or low herbivory rates (Vilà *et al.* 2005, Averill *et al.* 2016, Williams and Sahli 2016), that enable them to exploit different niches in the new habitats. Ultimately, these traits can provide invasive species with a competitive advantage over native species.

Although there are a number of studies that investigate either herbivory (Zou *et al.* 2008, Buswell *et al.* 2011, Averill *et al.* 2016) or leafing phenology (Resasco *et al.* 2007, McEwan *et al.* 2009, Fridley 2012, Polga *et al.* 2014) between invasive and native plants, to date no studies have considered both simultaneously and over multiple years at the same location. In order to fully understand how these invasive species are able to establish and spread successfully in their introduced habitats, it is important to investigate multiple traits that might provide a competitive advantage for invasives over natives. It is also important to see how consistent patterns of herbivory and leaf phenologies are over time both within and between native and invasive species. In this study, we investigate three ecological factors: (a) leaf herbivory by insects (almost exclusively in this case); (b) leaf retention in autumn, including chlorophyll retention measured by color change; and (c) the timing of leaf-out and leaf expansion in spring. In 2014, we chose five common native and five common invasive shrub species in an east-central Indiana forest in order to investigate whether invasive species experience a higher photosynthetic capacity due to reduced herbivory and an extended photosynthetic period. To evaluate if differences in herbivory and leaf phenology are consistent over time, we compared our findings to unpublished data collected in 2002, 2004, and 2007 by other research teams working with similar

species groups in the same study site using the same or very similar methods.

Methods. Our study was conducted in Wildman Woods (39°47'56.9"N, 84°57'39.8"W) in east-central Indiana throughout the autumn of 2014 and spring of 2015. Wildman Woods is a 16-ha temperate deciduous forest owned by Earlham College and managed as a nature preserve and research area. The woods is a mixture of old-growth and younger successional forest, the latter developing from pasture abandoned in 1940. Both stand types have a closed canopy, but the younger stands have a denser shrub layer. Almost all of our data were collected from these younger stands.

To study leafing phenology and degree of leaf herbivory in 2014, we selected five native plant species—*Lindera benzoin* (Spicebush, Lauraceae), *Ribes cynosbati* (Wild Gooseberry, Grossulariaceae), *Rubus* spp. (Blackberry, Rosaceae), *Viburnum acerifolium* (Maple-leaved Viburnum, Adoxaceae), and *Viburnum prunifolium* (Cherry-leaved Viburnum, Adoxaceae)—and five invasive species—*Berberis thunbergii* (Japanese Barberry, Berberidaceae), *Elaeagnus umbellata* (Autumn Olive, Elaeagnaceae), *Euonymus alatus* (Winged Euonymus/Burning Bush, Celastraceae), *Lonicera maackii* (Amur Honeysuckle, Caprifoliaceae), and *Rosa multiflora* (Multiflora Rose, Rosaceae). In addition, we report data from the invasive *Ligustrum vulgare* (Privet, Oleaceae) from 2002 and 2007. These species are the most common native and invasive shrubs in this forest and in forests regionally (Deam 1932, Swink and Wilhelm 1994, Nagle 2012, B.H.S., personal observation).

First, we selected 20 individual plants from each species that were distributed throughout the study area. All the plants were growing along the trails, and we used a random number table to select individuals in different areas to avoid sampling bias and to try to study each species in the variety of microhabitats in which it occurs. To measure leaf herbivory, we selected a branch and haphazardly collected 20 leaves from it, totaling 400 leaves from each species (20 leaves $\times$ 20 individuals) on October 20, 2014. We recorded the presence or absence of herbivory of each leaf to examine the frequency of damaged leaves on each individual shrub. Of the collected damaged leaves, we haphazardly selected one leaf per plant and determined the extent of herbivory by

Table 1. The mean percentage herbivory of leaf area per plant, and phenology of fall leaf abscission (number of days from October 1 to 50% abscission during 2002, 2004, 2007, and 2014) of native and invasive shrub species in Wildman Woods, Indiana, over multiple years. Within-year rankings of the values for herbivory and leaf abscission for each shrub species are shown in parentheses. Herbivory was ranked high to low, and leaf abscission was ranked from early to late.

	Shrub species*										
	Native					Invasive					
	<i>Lb</i>	<i>Rc</i>	<i>Rs</i>	<i>Va</i>	<i>Vp</i>	<i>Bt</i>	<i>Ea</i>	<i>Eu</i>	<i>Lm</i>	<i>Lv</i>	<i>Rm</i>
						Mean % herbivory per plant					
2002	22.0 (2)				32.0 (1)				8.0 (3)	5.0 (4)	3.8 (2)
2004	1.0 (4.5)	6.3 (1)		2.0 (3)			1.0 (4.5)		0.5 (6)		
2007	4.1 (3.5)	5.0 (2)			7.6 (1)			4.1 (3.5)	2.1 (5)	0.5 (6)	
2014	5.2 (6)	4.5 (7)	13.8 (2)	6.9 (3)	20.6 (1)	1.5 (9.5)	2.1 (8)	1.5 (9.5)	6.2 (5)		6.5 (4)
						No. of days at 50% leaf abscission					
2002	31 (1)				38 (2)				53 (3)	61 (4)	
2004	15 (2)	14 (1)		20 (4)			30 (5)		39/10%** (6)		24 (3)
2007	21 (2)	18 (1)			35 (3)			46 (4)	47/70%** (5)	47/80%** (6)	
2014	10 (1.5)	10 (1.5)	44/90%** (10)	25 (5)	20 (3)	26 (6)	41 (7)	44/52%** (8)	44/70%** (9)		21 (4)

* See Fig. 1 for codes to species names. (Note: *Ligustrum vulgare* [Lv], Privet was included from 2002 and 2007.)
** The number of days at the last observation for that year and the percentages of the originally tagged leaves remaining at that date. Some plants did not reach 50% leaf drop during the data collection period.

measuring the proportion of leaf damage using a paper cutout method. First, we outlined the estimated preherbivory leaf borders of the selected leaf on an index card, cut out that leaf outline, and weighed it. We then outlined the consumed area, cut it out, and reweighed the piece of the card. The difference in mass was used to calculate the percentage of the leaf eaten. We calculated herbivory damage per plant by multiplying the frequency of leaves with herbivory with the proportion eaten from the randomly chosen leaf with herbivory, assuming that the chosen leaf was representative of the population of leaves on the plant. Note that our methods were designed primarily to measure leaf herbivory by phytophagous insects and not browsers, such as deer, that typically take whole leaves or parts of branches. Although common elsewhere (e.g., Martinrod and Gorchov 2017), we encountered deer-related herbivory only rarely in our 2014 study, and the same was true in previous years (see below and “Discussion”).

To measure autumn chlorophyll and leaf retention on a shrub, we selected a different set of 20 plants from each of our study species on September 20, 2014, prior to autumnal color change. On each plant, we selected one branch and censused the 10 most distal leaves on that branch weekly from September 25 to November 13. At each census, we recorded the number of leaves remaining and their color (i.e., green, yellow, red). The individuals that did not drop their leaves by November 13 were checked again on December 4 and 18 to record the leaf abscission progress.

For leaf-out in spring, we haphazardly selected a branch for each of 20 individuals from each plant species and visited all plants weekly from March 11 to May 5, 2015, noting the presence of buds, bud color, and the first appearance of leaves. Leaf-out in a branch occurred when all the leaf blades on an entire branch had uncurled completely (note that individual leaves continue to expand in size after leaf-out). We graphed our leaf-out data for each species and estimated the number of days (from March 11) it took for 50% and 100% of the plants to reach the leaf-out stage.

The methods we used to assess leaf herbivory and fall leaf retention were very similar to three earlier student projects conducted in Wildman Woods in 2002, 2004, and 2007, though sample sizes varied. However, leaf color change was not

FIG. 1. Mean proportion of herbivory per plant ($\pm$ SE) in 2014 for (a) all native and invasive shrub species (one-way analysis of variance: $F_{1,198} = 51.38$, $P = 0.038$) and (b) individual species: native shrubs (*Lindera benzoin* [Lb], *Ribes cyanosbati* [Rc], *Rubus* spp. [Rs], *Viburnum acerifolium* [Va], and *Viburnum prunifolium* [Vp]) and invasive shrubs (*Berberis thunbergii* [Bt], *Euonymus alatus* [Ea], *Elaeagnus umbellata* [Eu], *Lonicera maackii* [Lm], and *Rosa multiflora* [Rm]) (Kruskal-Wallis test statistic = 85.83, $P < 0.001$). Letters represents results of the Dunn's *post hoc* test ($P < 0.05$). Native species are represented by gray bars and invasive species by black bars.

assessed in any of these studies; only leaf abscission was censused. In addition, spring leaf-out was not investigated in these prior studies.

We used Past 3.14 statistical software to perform one-way analyses of variance (ANOVAs) to test for differences in leafing phenology and herbivory between native and invasive species. Herbivory and leaf-drop data among species, even after data transformation, showed significant deviations from normality (Kolmogorov-Smirnov test) and homogeneity of variance (Levene test). Therefore, we used Kruskal-Wallis (K-W) nonparametric tests and Dunn's *post hoc* comparisons. Although we test for differences using K-W, we report means and standard errors (rather than mean ranks) in figures so that the actual percentage herbivory and the phenologies of color change, leaf drop, and leaf-out can be visualized.

Results. Our 2014 results show that, on average, native plant species have significantly higher rates of herbivory as compared to invasive

species (Fig. 1a). Among the five native species, two (*Rubus* spp. and *V. prunifolium*) were highly consumed by insect herbivores, and all of the invasive species had lower herbivory rates than these two native species (Fig. 1b). In addition, three of the invasive species (*E. umbellata*, *B. thunbergii*, and *E. alatus*) had lower leaf herbivory than all five native plant species.

Overall, native species changed leaf color significantly earlier than invasives by approximately 16 days (22 days excluding *Rubus* spp.) (Fig. 2a). *Rubus* spp. are an exception, changing leaf color and dropping leaves much later than other native species (Fig. 2b and 3). Natives lose 50% of their leaves approximately 11 days (21 days excluding *Rubus* spp.) earlier than invasives (one-way ANOVA: $F_{1,161} = 21.95$, $P < 0.001$), and by November 13, natives lost approximately 22% (40% excluding *Rubus* spp.) more leaves than invasives (Fig. 3; one-way ANOVA: $F_{1,198} = 16.92$, $P < 0.001$). Again, *Rubus* spp. retained their leaves longer than other native species, while

FIG. 2. Mean number of days ($\pm$ SE) (from September 25, 2014) for 50% of leaves to change color in (a) all the native and invasive shrub species (one-way ANOVA: $F_{1,165} = 31.29$, $P < 0.001$) and (b) individual species: native shrubs and invasive shrubs (Kruskal-Wallis test statistic = 125.4, $P < 0.001$ (species symbols are same as in Fig. 1). Letters represent results of the Dunn's *post hoc* test ($P < 0.05$). Native species are represented by gray bars and invasive species by black bars.

all of the invasive species retained their leaves longer than all native species with the exception of *Rubus* spp. *L. maackii* and *E. umbellata*, two of the most abundant invasives in east-central Indiana (Nagle 2012, B.H.S., personal observation), retained higher proportions of their leaves for a longer period of time (Fig. 3).

The invasives *B. thunbergii*, *R. multiflora*, and *E. umbellata* leafed out earlier in spring than other shrub species (Fig. 4). Invasive plants collectively reached 100% branch leaf-out an average of 8.6 days earlier (around April 16) than native plants (around April 23) (one-way ANOVA: $F_{1,198} = 6.748$, $P = 0.032$).

The patterns that prior research teams in 2002, 2004, and 2007 found on leaf herbivory and autumn leaf retention in Wildman Woods compare to our 2014 investigation in Fig. 5 and Table 1. Although percent herbivory per plant and the dates for 50% leaf abscission varied among years within species, the relative rankings of the two characteristics were similar across the 4 yrs. Furthermore, during all 4 yrs, native species as a group had

higher percent herbivory and earlier leaf abscission in the autumn than invasives (Fig. 5; Table 1).

Discussion. Our results show that, as a group, invasive shrubs have lower herbivory rates (Fig. 1) and longer photosynthetic periods (Fig. 2–4) than native species and that this pattern is consistent across years (Fig. 5; Table 1). Lower herbivory and a longer growing season could contribute to the competitive success of invasives over native species, as many have asserted (*e.g.*, Resasco *et al.* 2007, Fridley 2012, Polga *et al.* 2014). Decreased herbivory likely allows invasives to maintain higher growth rates than natives due to increased leaf surface area and reduced wound-associated physiological costs (Zou *et al.* 2008). Reduced insect herbivory in invasives is consistent with the enemy release hypothesis (Keane and Crawley 2002), which asserts that invasives have escaped from their coevolved herbivores in their native region and that herbivores in the introduced area have not adapted to utilize them as food sources. However, without a proper comparison of herbivory rates in the native areas of these invasive

FIG. 3. Timing of leaf drop in five native shrub species and five invasive shrub species (species symbols are same as in Fig. 1) between September 25 and November 13, 2014. The dotted line represents 50% leaf drop.

species, it is difficult to confirm that invasives experience lower herbivory in introduced habitats due to the escape from their native herbivores. Our finding of reduced insect herbivory in invasive species is consistent with many other studies that investigated the impact of herbivores on invasive species in their introduced habitats (DeWalt *et al.* 2004, Cappuccino and Carpenter 2005, Vilà *et al.* 2005, Liu and Stiling 2006, Williams and Sahli 2016).

Our “snapshot” leaf harvesting methods of studying insect leaf herbivory are not useful in quantifying deer browsing of shrubs. However, the hundreds of leaves and branches that we studied for leaf phenology over many weeks in both the spring and the fall remained virtually untouched by deer in our study sites regardless of native or invasive status and regardless of year. This contrasts with studies that have found deer browse to have a larger impact than insect herbivory (*e.g.*, Averill *et al.* 2016, Martinrod and Gorchov 2017). We simply might not have had enough leaf observation stations to adequately measure the impact of deer browsing, or, more likely, the low browsing we observed reflects the heavy hunting

pressure on deer herds in Wildman Woods and surrounding properties.

The extended growing season of invasives, through early spring leaf-out and longer leaf retention in the autumn, likely increases the overall competitiveness of invasives over native species (Smith 2013). Early leaf-out in spring is essential for many understory shrubs since they will soon be shaded as canopy trees leaf out. The average 8.6-day-earlier leaf-out in invasive shrubs likely gives them a competitive advantage over native shrubs by both initiating photosynthesis earlier and shading them during this window of high light intensity in early spring. Earlier leaf-out of invasive shrubs can also have a detrimental impact on forest understory herbs, particularly shade-intolerant spring ephemerals, by reducing the high-light spring phenoseason prior to tree canopy leaf-out (Hutchinson and Vankat 1997, Gordon 1998, Collier *et al.* 2002, Miller and Gorchov 2004, Christopher *et al.* 2014). Although there are multiple advantages to early leaf-out, there are also possible costs associated with this trait, such as loss of leaves due to late frost and reduced conductivity capacity in xylem tissues (Lechowicz

FIG. 4. Timing of branch-level leaf-out in five native (dashed lines) and five invasive (solid lines) shrub species (species symbols are same as in Fig. 1) between March 19 and April 22, 2015 in Wildman Woods.

1984). These invasive plants might have adapted to dealing with these costs in their native ranges.

The later chlorophyll breakdown (color change) and leaf drop of invasive plants in the autumn also provide significantly longer growth periods (approximately 22 days excluding *Rubus* spp.), which is consistent with other studies conducted in the eastern United States (McEwan *et al.* 2009, Fridley 2012). All of these common invasive plants in Indiana are native to East Asia, including China, Japan, and the Korean Peninsula (Silander and Klepeis 1999, National Park Service 2010). Both the native ranges of these shrubs in eastern Asia and their invasive ranges in the United States occur at similar latitudes and have similar climatic conditions (Hijmans *et al.* 2005, Chen *et al.* 2017). Therefore, variation in autumn day length likely does not explain the longer leaf retention in these Asian shrub species. However, differences in historic climatic conditions may play a role. Lechowicz (1984) suggests that the relatively shorter leaf phenology of native shrub species in eastern North America might be a relict of the more variable climatic conditions during the Pleistocene compared to East Asia. Hence, the

longer leafing period of East Asian invasive shrubs may be a preadaptation to success in present-day eastern North American forests (Mack 2003, Fridley 2012).

Leaf phenology may, however, also be controlled by other strategies of invasive plants, such as freeze tolerance levels in *L. maackii* (McEwan *et al.* 2009) and nitrogen fixing ability in *E. umbellata* (Clark *et al.* 2008). These traits can increase the invasiveness of these introduced species and provide extra competitive advantage over native species. The ability to fix nitrogen can reduce the necessity of early chlorophyll absorbance in fall and lead to an extended photosynthetic period. Similarly, freeze tolerance can allow early leaf-out in spring, while there is still a risk of frost and delay leaf abscission until late autumn, leading to an increase in photosynthetic capacity over native species.

Although invasives tend to retain their leaves longer in the autumn than natives, we found variation in this character between species. Among invasives, chlorophyll and leaf retention were significantly longer in *L. maackii* and *E. umbellata* than *B. thunbergii*, *E. alatus*, and *R. multiflora*

FIG. 5. The relationship between mean percent herbivory and mean number of days for 50% leaf abscission (from October 1) in 2002 (blue), 2004 (yellow), 2007 (red), and 2014 (black) in native (triangles) and invasive (circles) plants in Wildman Woods. Ellipses are drawn capturing most of invasive or native data points. The triangle in the invasive species zone represents the data for *Rubus* spp., which acted like an invasive species with respect to leaf abscission.

(Fig. 2). We do not know the reasons for these differences. Perhaps the nursery stock from these escaped garden and farm species came from different latitudes. It may not be coincidental, however, that *L. maackii* and *E. umbellata* also form the densest thickets and are the most destructive of the invasives in this region (Nagle 2012, B.H.S., personal observation).

Among the natives, *Rubus* spp. stand out in having much longer chlorophyll and leaf retention in the autumn than other natives, and in fact leaf color change occurs in later than all but *L. maackii* and *E. umbellata* (Fig. 2). *Rubus* spp. are forest edge invaders in east-central Indiana, and it has invaded disturbed parts of Wildman Woods that were open canopy areas as recently as the 1960s, according to aerial photographs of the site (Wayne County, IN, Surveyor Department). It is possible that the longer leaf retention and delayed degradation of chlorophyll is an adaptation that, like present-day invasives, enhances its competitive ability over other native species. The blackberry section within the genus *Rubus* is notoriously complex taxonomically, with high degrees of hybridization, polyploidy, and apomixis (e.g.,

Gleason and Cronquist 1991). If the Pleistocene hypothesis outlined by Lechowicz (1984) is correct, the genetic milieu of this complex, particularly extensive recombination (Prentis *et al.* 2008) may have allowed natural selection to shift trait frequencies more rapidly in this taxon in post-Pleistocene North America *in situ*.

Low herbivory rates that we have found in invasive species appear to some degree to support the enemy release hypothesis. However, the lack of data on herbivory rates on these invasive species in their native ranges makes this conclusion tentative. We also found evidence that longer leaf life, perhaps a preadaptation to different Pleistocene climatic conditions in their native Asian origins, may contribute to the competitive success of invasive shrubs in eastern North America today. To better understand why these species are successful invaders in these forest habitats, further research will need to be conducted comparing the native home ranges of these species and the selective pressures that they are under in their native habitats. Comparative research on herbivory rates (DeWalt *et al.* 2004), leafing phenology, growth rates (Schierenbeck *et al.* 1994), genetic

diversity (Hollingsworth and Bailey 2000, Kelager *et al.* 2013), and fundamental and realized niches of these species (Broennimann *et al.* 2007, Tingley *et al.* 2014) can increase our knowledge on the invasive ecology of these species.

Conclusion. Our study provides more evidence that invasive shrub species as a group retain more leaf area, via reduced insect herbivory and have a longer photosynthetic period, through earlier leaf-out in the spring and longer leaf retention in the fall, compared to their native counterparts. These three traits, taken together, likely enhance season-long photosynthetic capabilities. The increased net growth likely gives invasive species a distinct fitness advantage because they have more energy to allocate toward growth and reproduction over native species, providing a competitive advantage. Overall, this study (and others before us) provides evidence that the success of invasive shrub species in eastern United States is plausibly due to their photosynthetic gain over native species.

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